



People Skills, featuring Horses as Helpers: ***Communicating with Impact***

- What kind of impression do you make on people?
- Do you face tough situations with composure and confidence?
- Are you gaining visibility and getting rewarded in your job?

Enhancing your Ability to have High-Impact is a one-day workshop using structured activities with horses. It is designed to help you communicate more confidently and persuasively. You will develop strategies in our horse arena that will help you get better results with the people in your life.

Four Reasons that this workshop is beneficial for your group:

- 1. You'll learn to have a positive effect on people.**
Horses do not do what you want when they are exposed to negative, unclear communication. When you can be persuasive with horses, you can also be persuasive in other areas of your life.
- 2. You'll stay calm even when you've "reached the edge".**
"Reaching the edge" means having a hard time thinking and acting clearly. In this workshop, you learn how to stay focused and thoughtfully respond. You will also learn how changing the way you react changes the situation.
- 3. You'll present yourself more clearly and powerfully - personally and professionally.**
You can use your voice and body more confidently and be heard more clearly. Learning to communicate effectively with horses makes meetings and presentations "horseplay".
- 4. You'll learn ways to deal with difficult people and situations.**
Horses are large and powerful. They create a natural opportunity to overcome fear and doubt. Learning to accomplish tasks with horses provides wonderful metaphors for dealing with other intimidating and challenging situations in life.

The Equine-Person Connection Team

Angela Masini, PhD, is a clinical psychologist who holds national certifications in group therapy and equine-assisted therapy;

Rebecca Johns, MS, an employee assistance specialist who for years headed the counseling program for FDIC in Washington DC.

Terry Grove, MSW, brings to E-PC his expertise in staff development, training and conflict resolution. .

Please wear sturdy shoes and comfortable clothes. Most activities take place on the ground and experience with horses is not needed. However, participants assume the risk that is unavoidable in horse-related activities.

Time and date: To be arranged

Location: Riverplains Farm, a beautiful setting 25 minutes East of Knoxville.

Cost: Varies with group size.

For additional information or dates:

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